



Cabinet report

Date **10 MARCH 2022**

Title **ISLE OF WIGHT DEMENTIA STRATEGY**

Report of **CABINET MEMBER FOR ADULT SOCIAL CARE AND PUBLIC HEALTH**

EXECUTIVE SUMMARY

1. This report seeks cabinet approval of the system wide Isle of Wight Dementia Strategy. The Isle of Wight Dementia Strategy is provided as Appendix 1 of this report.
2. The dementia strategy has been developed in partnership with the IW NHS Trust, Hampshire and Isle of Wight CCG, and partners from the voluntary and community organisations on the Isle of Wight who support people living with dementia and their carers.
3. A long and varied programme of public consultation and engagement has ensured that the voice of people with lived experience and their unpaid carers is central to this strategy. This programme of engagement has been led by Alzheimer Café IOW, Carers IW and Age UK IW assisted by many other local organisations including Mountbatten Hospice, Healthwatch Isle of Wight, Independent Arts and the Alzheimer Society.
4. A more detailed Executive summary is provided as Appendix 2

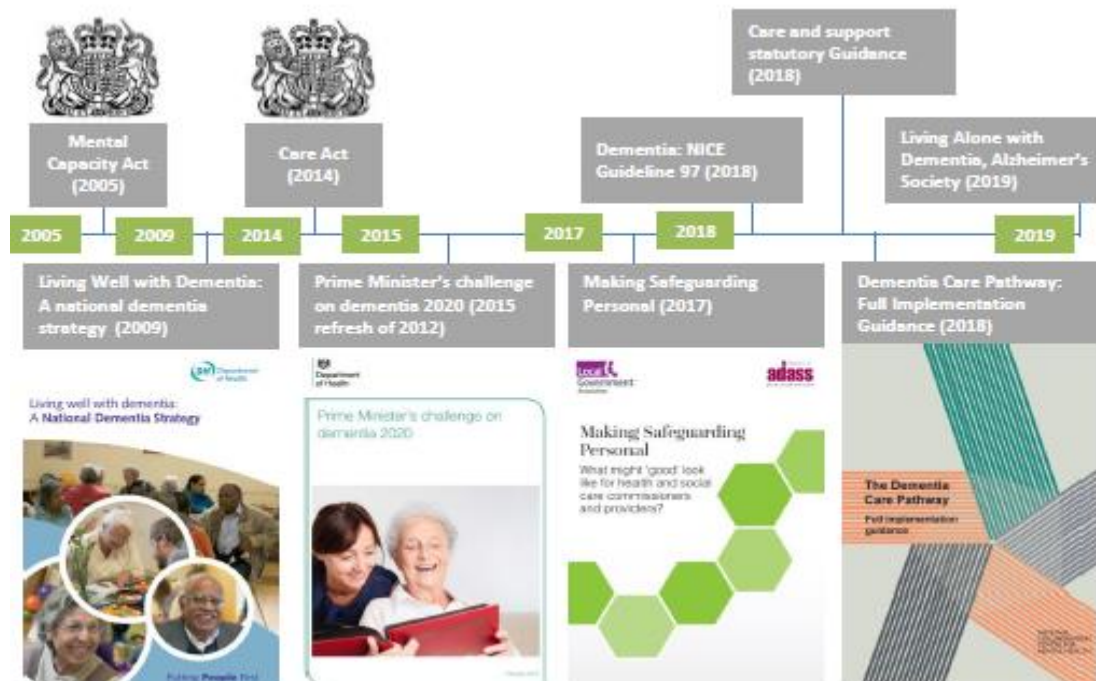
RECOMMENDATION

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| 5. Cabinet approves the system wide Isle of Wight Dementia Strategy, enabling the strategy to progress for approval by the Integrated Care Partnership. |
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BACKGROUND

6. Dementia is fast becoming the UK's largest health and social care challenge. Dementia prevalence on the Isle of Wight is high and expected to increase with a predicted increase of 24% in the population of over 85 year olds in the next 10 years. There are currently an estimated 2655 people over the age of 65 living with dementia on the Island and due to our aging population and increasing life expectancy this number is estimated to increase to 3920 by 2030 (source: LSE Projections and Alzheimer Society Local Dementia Profile 2021)

7. Dementia is a condition that has a significant impact on services delivered by health, adult social care and the community and voluntary sector. The impact can be particularly seen in secondary health care at the IW NHS Trust where a high proportion of patients across the hospital at any one time have a diagnosis of dementia. There have been a number of key national dementia policies over the past 10 years that have sought to change and improve the way that people with dementia are supported by health and social care. This includes dementia specific policies and also some with a wider remit that impact on people with dementia and their family and unpaid carers.



8. Locally there has been significant dementia specific strategy development and also a number of wider mental health, carer support and health and wellbeing plans and strategies including:

2013	Living Well with Dementia Strategy	(IW NHS Trust)
2014	IW Hospital Trust Dementia Strategy	(IW Hospital Trust)
2015	Living Well with Dementia on the IW	(My Life a Full Life Programme)
2017	Working Together with Carers Strategy	(IW Council & IW CCG)
2017	Talking Mental Health – A Blueprint for Mental Health	(IW CCG)
2018	Health and Wellbeing Strategy	(IW Council)

Unfortunately implementation of many of these strategies has been limited and little has changed for the people that they sought to support.

9. In May 2019 it was agreed that a system-wide approach was needed to better support people on the Isle of Wight living with dementia. Partners from the IWC, IW Trust and IW CCG approached the voluntary and community sector and asked them to lead on the development of a system-wide IW dementia strategy.

10. It was recognised that these are often the organisations that are working most closely with people with dementia (diagnosed and un-diagnosed) and their families and would therefore be best placed to lead on meaningful public engagement to help us understand what people need. Age UK Isle of Wight, Alzheimer Café IOW, Carers IW and Healthwatch Isle of Wight have led this piece of work assisted by many other local organisations including Mountbatten Hospice, Independent Arts and the Alzheimer Society.
11. The Dementia Strategy project was established and monitored as a work programme of the Isle of Wight Health and Care Plan.
12. It was agreed that the project would be delivered in 3 phases as follows:
 - I. Complete a stocktake and overview of current dementia services and provision on the Isle of Wight across all sectors, including prevalence, activity and current challenges
 - II. Undertake a programme of consultation and focussed engagement with the public to gather their views and experiences of dementia services. Use the public feedback and stocktake data to develop a system wide strategy for dementia on the Isle of Wight.
 - III. Develop and implement a delivery plan for the strategy overseen by the established dementia strategy steering group and providing updates to the Health and Wellbeing Board and Integrated Care Partnership.
13. Phase 1 – In 2019 a detailed stocktake of the current provision for dementia services was completed. This included looking at data from Adult Social Care, Public Health and the NHS as well as data from voluntary sector organisations. A stocktake report was developed using all the information gathered, the report is provided as Appendix 3 of this report.
14. Reviewing local provision through this stocktake highlighted key local challenges which included:
 - Poor quality secondary care for people with dementia who have complex needs, with services receiving ‘inadequate’ CQC ratings, and no multidisciplinary mental health service
 - People with dementia having longer stays in hospital which can impact on their physical and emotional wellbeing
 - Social care reviews for people with dementia are often overdue
 - A lack of support co-ordination, advice and information following dementia diagnosis, or when somebody falls into crisis
15. It is important to note that this stocktake was completed in 2019 and work to tackle some of these challenges has already begun.
16. The stocktake did also identify some local successes which included:
 - CQC ratings for local residential and nursing care homes have improved
 - The quality of safeguarding referrals has improved with an increase in the level of appropriate referrals received

- Dementia training has been delivered to a wide variety of teams on the Island, with positive feedback received about the training and the impact this is making
 - Voluntary sector campaigning through the Age Friendly Island Programme has had a positive impact on how the wider community support people living with dementia
 - The Island's voluntary and community sector are providing approximately 1,110 hours of support services each month for people living with dementia, their family and carers
17. Phase 2 – The dementia strategy working group delivered a long and varied programme of public consultation and engagement to ensure that they heard the views of as many people as possible. This work included:
- Producing a survey, hosted by Age UK IW, which invited people to tell us about their experiences in a number of areas including initial diagnosis, getting advice and information, local service provision. The survey invited people to tell us how all areas could be improved. The survey was available online but also widely distributed and promoted by local organisations and face to face at public events. 180 survey responses were received. A copy of the survey is provided as Appendix 4 of this report.
 - Public events where people could talk to someone face to face. These included Wolverton Garden Fair, a stall in St Thomas' Square, Newport on market day, pop-up stands in Tesco, Aldi and West Wight Sports Centre.
 - Targeted focus groups across the Island at Alzheimer Cafes and at Carers IW giving people the opportunity to speak openly about their experiences and their hopes for the future.
18. The feedback and comments from all sources were used to develop a co-production report which is provided as Appendix 5 of this report.
19. The stocktake and co-production reports provided as Appendix 3 & 5 of this report were circulated to a wide range of stakeholders and professionals, inviting them to take part in a series of workshops which would be used to shape the strategy content using their knowledge of the current system and the feedback provided by people with lived experience. A good response was received, and the workshops included partners from:
- IW CCG
 - IW NHS Trust
 - Primary care
 - IWC Adult Social Care
 - Public Health
 - Housing Associations
 - Voluntary and community sector organisations (Advocacy, User Led Organisation, Carers IW, Age UK, Alzheimer Café)
 - Mountbatten Hospice
 - Ambulance services
 - Independent sector (residential and nursing homes and day care services)

20. Each of these workshops focussed on a specific strategy chapter, with the chapter subjects aligned with the NHS England Well Pathway for Dementia:
- Preventing Well
 - Diagnosing Well
 - Supporting Well
 - Living Well
 - Dying Well
21. The workshops were designed to be solution focussed and asked attendees to consider how their services currently work together, identifying any quick wins and making a commitment to longer term solutions which will improve services and the quality of life for people with dementia and their carers.
22. The dementia strategy has been developed by the working group using feedback from all of these sources over the past 2 years and ensuring that the voice of people with lived experience is central to the final document.
23. It is important to acknowledge that progress with this project has been severely impacted by the Covid pandemic of the past 2 years and during this time people with dementia and the people who care for them have been some of the people most affected by lockdowns and the other restrictions imposed. The lifeline provided by support groups, respite and day care, befriending schemes and social activities stopped and many have not re-opened. This has resulted in family carers feeling even more isolated and trapped and has destroyed the recognised and reassuring routines for the people that they care for. Many people with dementia are confused and frightened by social distancing rules, masks and withdrawal of physical touch and residents in care homes have experienced enforced separation from the people that they love.

CORPORATE PRIORITIES AND STRATEGIC CONTEXT

Provision of affordable housing for Island Residents

24. This strategy makes a commitment to continued investment in extra care housing and accommodation options which meet the needs of people living with dementia.

Responding to climate change and enhancing the biosphere

25. The Climate and Environment Strategy identifies that housing is one of the greatest contributors to greenhouse gas emissions, it also recognises the positive impact of well insulated homes in reducing excess deaths and reducing fuel poverty.
26. Through our continued commitment to investing in the development of extra care housing we will seek to ensure that these projects meet the net-zero accommodation aspirations of the Council's Climate and Environment Strategy and incorporate features such as non-fossil fuel heating systems, good insulation, double glazing and low flow water systems.
27. With regard to supporting the biosphere, the adoption of this strategy would support one of the sustainable development global goals of the United Nations to "ensure healthy lives and promote well-being for all at all ages".

Economic Recovery and Reducing Poverty

28. This strategy will have no direct impact on this area of activity

Impact on Young People and Future Generations

29. The decisions the Council makes now not only affect current residents, but may have long term impacts, both positive and negative, on young people and future generations. These impacts may not immediately be apparent or may not emerge for a number of years or decades. Impacts will be interrelated across the various domains of young people's lives from housing, to education, employment or training, health and the environment.
30. The United Nations Conventions on the Rights of the Child (UNCRC) in 1989, in particular article 12, places a duty for children and young people to have an active voice in decision making on matters that affect them. We value the views of our young people. Incorporating coproduction and consultation with young people into our decision making process is a robust way of ensuring young people's views are taken into consideration. Participation workers experienced in coproduction can support engagement with the Youth Council, our Island children and wider groups of young people to ensure the voice of young people is sought, heard and acted upon on important matters that will affect them.

Corporate Aims

31. The Isle of Wight Dementia Strategy supports the following Alliance aspirations and priorities as outlined in the Corporate Plan 2021-2025:
32. **Prioritise dealing with the health inequalities and the resulting poverty highlighted during the pandemic.**
33. These are the health inequalities identified in the Public Health Isle of Wight COVID-19 Health Impact Assessment published in October 2021 which reported how the pandemic had highlighted existing health inequalities and had exacerbated health and social care vulnerabilities for people living with conditions such as dementia and Alzheimer's disease.
34. The Public Health Isle of Wight COVID-19 Health Impact Assessment provided evidence that dementia diagnosis rates on the Isle of Wight are now below the national target. It also raised concern that the number of people diagnosed with dementia who have a care plan or who have had their care plan reviewed has fallen significantly during the pandemic, increasing the risk of their condition deteriorating or other health conditions developing. A copy of this report is provided as Appendix 6.
35. **Support and increase the influence of Healthwatch and the voluntary sector**
36. The strategy development has been led by voluntary sector partners including Healthwatch Isle of Wight in partnership with the Adult Social Care, the IW NHS Trust and the Hampshire and IW CCG ensuring a joint understanding of the current system and how this needs to improve to better meet the needs of people with dementia and their families.

37. The aims of the Isle of Wight Dementia Strategy also align with the recently refreshed ASC Care Close to Home Strategy (2022-2025) and the Alliance Administration priorities as set out in the Corporate Plan, by seeking to ensure that people and their families are provided with the information that they need at the point of diagnosis and a framework of support which will enable them to live within their own home and communities for as long as possible. Seeking to avoid unnecessary use of hospital care or care homes, but ensuring that when this support is required, staff are well trained and able to provide high quality care.

CONSULTATION

38. As part of phase 2 of this project, the dementia strategy working group delivered a long and varied programme of public consultation and engagement to ensure that they heard the views of as many people as possible. This work is outlined in paragraphs 17-22 of this report.

FINANCIAL / BUDGET IMPLICATIONS

39. This strategy will have no direct financial budget implications but will seek to enable existing Adult Social Care budget to be used more effectively to meet the needs of people with dementia. This will represent the continued local investment for local people.

LEGAL IMPLICATIONS

40. The Isle of Wight Council has duties under the Care Act 2014 to proactively assess the needs of adults with needs for care and support in the area and meet those needs where certain eligibility criteria are met. Many individuals living with dementia will have eligible needs as defined by the Care Act and as such this strategy will assist in the discharge of those duties.

EQUALITY AND DIVERSITY

41. Our Alliance Administration celebrates equality and diversity in our communities. Our Dementia Strategy provides a valuable opportunity to ensure that all Island residents, including those with protected characteristics benefit from care and support that best meets their personal needs and choices even when not specifically highlighted as impacted through the Equality Impact Assessment process.
42. An Equality Impact Assessment has been completed to assess how this strategy will impact on any persons with a protected characteristic. This EIA has been signed off by Legal Services and the Interim Director of Adult Social Services and Housing Needs. A copy of the EIA is provided as Appendix 7
43. The EIA assessment concluded that the Isle of Wight Dementia Strategy will have a positive impact on all people living with dementia on the Island regardless of any protected characteristic they may have. All dementia services will be fully inclusive.
44. The strategy will have a particularly positive impact on the following protected characteristics:

- a) Age – Dementia is a condition which predominantly affects people over the age of 65, however it can affect younger people. The strategy will seek to improve services for all dementia sufferers regardless of their age.
- b) Disability - Many people living with a diagnosis of dementia will also suffer from other comorbidities or disabilities which impact on their lives. The strategy will seek to improve dementia care, support and services for all people with a diagnosis of dementia or cognitive decline regardless of any other disability they may have.

OPTIONS

- 45. Option 1 - Cabinet approval of the system wide Isle of Wight Dementia Strategy, enabling the strategy to progress for approval by the Integrated Care Partnership and supporting a whole system approach to improving care and support for people with dementia.
- 46. Option 2 – Cabinet does not approve the system wide Isle of Wight Dementia Strategy, resulting in the IW NHS Trust progressing the programme of mental health transformation work in isolation and without the governance provided by this strategy
- 47. Option 3 – All statutory agencies including the council develop their own dementia strategy

RISK MANAGEMENT

Option 1

- 48. Ineffective strategy implementation. This will be minimised through the ongoing leadership and scrutiny by partners in the voluntary sector

Option 2

- 49. Dementia health and care services continue to be developed with minimal joint working, with individuals continuing to experience poorly co-ordinated advice and care.
- 50. Reputational risk from not using consultation and engagement feedback to improve dementia services on the Isle of Wight

- 51. The main identifiable risks are:

- Increase vulnerability for local residents
- Increasing numbers of dementia cases going into crisis
- Breakdown of family care support
- Financial risk for the council
- Reputational risk for the council

Option 3

- 52. The capacity of all partners to undertake the work required to develop separate strategies.

53. Health and social care services for people with dementia continue to be developed with minimal joint working, with individuals continuing to experience poorly co-ordinated advice and care.
54. Adult Social Care provision is planned and developed without due regard to aligning it with the programme of mental health transformation work that is being undertaken
55. Reputational risk from not using consultation and engagement feedback to improve dementia services on the Isle of Wight
56. The main identifiable risks are:
 - Reputational risk for the council
 - Increase vulnerability for local residents
 - Increasing numbers of dementia cases going into crisis
 - Breakdown of family care support
 - Financial risk for the council

EVALUATION

Option 1

57. To progress with the implementation of a system wide Isle of Wight Dementia Strategy. This would provide the greatest opportunity for improved and jointly developed pathways of care and support for people living with dementia. Shared system priorities will lead to better outcomes for vulnerable local residents. It would also benefit from the ongoing oversight and scrutiny from the Policy and Scrutiny Committee for Health and Social Care and from voluntary sector partners to ensure effective implementation.

Option 2

58. Cabinet does not approve the Isle of Wight Dementia Strategy. This would allow existing poor health and care pathways to remain. This option would not enable the system to develop and improve to meet the future dementia needs of the Isle of Wight.

Option 3

59. Cabinet suggests that all statutory organisations including the council develop their own dementia strategy. This option would fail to offer the opportunity for social care services to be aligned with the mental health transformation programme, leading to potentially disjointed services and a missed opportunity for shared system priorities.

APPENDICES ATTACHED

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Appendix 1	Isle of Wight Dementia Strategy 2022-2023
Appendix 2	Executive Summary
Appendix 3	Dementia Stocktake Report (Dec 19)
Appendix 4	Public survey – Dementia Services
Appendix 5	Dementia Strategy Co-production Report (Dec 19)
Appendix 6	Public Health Isle of Wight COVID-19 Health Impact Assessment
Appendix 7	Equality Impact Assessment – Isle of Wight Dementia Strategy

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