

Committee

HEALTH AND WELLBEING BOARD

Date

18 JANUARY 2018

Title

A MENTALLY HEALTHY ISLAND, OUR BLUEPRINT FOR MENTAL HEALTH 2017-2022

RECOMMENDATION

1. The IOW Health and Wellbeing Board are asked to comment on the attached Draft Blueprint for the future vision of Mental Health services on the Island, which is currently being circulated for wider stakeholder engagement and comment.

EXECUTIVE SUMMARY

2. The attached Draft Blueprint for the future vision of Mental Health services on the Island has been developed in close consultation with a wide range of stakeholders, with close oversight from the Mental Health Transformation Steering Group.
3. The Blueprint is currently being circulated for wider stakeholder engagement, to ensure that this blueprint captures the themes, aims and ambitions developed during that consultation.
4. The IOW Health and Wellbeing Board are asked to comment on the attached Mental Health Transformation Blueprint which has been approved for wider engagement by the CCG Governing Body and the Local Care Board.

BACKGROUND

5. **A Mentally Healthy Island, Our Blueprint for Mental Health 2017-2022**

The current model for mental health services on the Isle of Wight is not recovery focussed, so it needs to move towards a more preventative and collaborative model with people with lived experience. The priority for the island is to deliver the NHS Five Year Forward View to improve people's mental health and wellbeing by supporting a cultural shift in provision. The models will need to recognise the wider social networks and the importance of physical wellbeing, resilience, and recovery, including employment and housing choice and control to promote independence within their communities.

Mental Health services will be redesigned to be integrated health, social care and 3rd sector, working alongside people to support them to help change elements of life style.

6. **Our aim**

With our partners and local communities we will become a mentally healthy island. We will promote self-care and prevention through the delivery of high quality mental health services, at all times focusing on the person themselves being in control and developing personal resilience.

7. **Our ambitions**

8. **Supporting people to maintain good mental health and renewing our focus on delivering prevention**

We will encourage the public to have good mental health and work with us to develop services that better meet their needs.

We will address the factors that can lead to poor mental health and wellbeing.

We will reduce the number of lives lost through suicide.

9. **Reducing stigma and raising mental health awareness**

We commit to eliminating stigma and discrimination by starting and leading conversations which promote positive perceptions of mental health.

10. **Revitalising our approach to health and care services**

We will develop integrated pathways for mental health that start in the community and connect effectively with other specialist services.

We will break down the boundaries between GPs, community and hospital services.

Through a renewed commitment to partnership between the NHS, the council, the voluntary sector and the public, our focus will be on enabling people to live a full and meaningful life despite mental ill health.

11. **Recovery**

Our mental health services will support recovery to promote, hope, independence, wellbeing and choice.

12. **Developing our workforce**

Our services will have the right mix of trained, skilled, experienced and compassionate staff.

We will extend our employment of peer workers and work with the local voluntary sector workforce.

13. **Making the money work**

We will change the way we spend our money and focus more on prevention and community based services.

14. **Improving quality, outcomes and holding to account**

We will set new standards for the quality of our local mental health services.

We will agree the outcomes to be achieved by those providing services and we will hold them to account.

We will evaluate the experience of service users and involve them in how we respond to what they tell us.

[Appendix](#) – Mental Health Blueprint