



Committee report

Committee	POLICY AND SCRUTINY COMMITTEE FOR CHILDRENS SERVICES
Date	25 JANUARY 2018
Title	CHILD AND ADOLESCENT MENTAL HEALTH SERVICE BRIEFING FOR CHILDREN'S SCRUTINY COMMITTEE
Report of	HELEN SHIELDS, CHIEF OFFICER

SUMMARY

To consider an update on key significant issues relating to the delivery of services by the IW Clinical Commissioning Group.

- a) Community Childrens & Adolescent Mental Health Services
- b) Transformation Plan for Children and Young People's Mental Health and Wellbeing 2015-2020 (2017 Refresh).

INTRODUCTION

This briefing paper has been produced at the request of the Children's Scrutiny Committee and will provide an overview of the Transformation Plan for Children and Young People's Mental Health and Wellbeing 2015-2020 Strategy (2017 Refresh) (Attachment 1)

The Isle of Wight Clinical Commissioning Group, Isle of Wight Council and partners from both the health and voluntary sector are committed to promoting, protecting and improving our children and young people's mental health and wellbeing. Whilst there are already areas of very high quality provision on the Island we recognise that significant changes and improvements are needed in order to ensure that all children and young people on the Isle of Wight, including those with particular vulnerabilities, can easily access high quality, outcome focussed, and evidence-based services appropriate to their need, when required.

In 2017 there was a radical shift in the approach to cross-organisational working on the Isle of Wight. The challenges of historical silo working and diminishing resources heralded a need for a more innovative and integrated approach to meeting the health

and social care needs of the Island's population. In response to this challenging landscape, the health and social care system have formed a collaborative Local Care Board with representation from the Isle of Wight CCG, Isle of Wight Local Authority and Isle of Wight NHS Trust. Together they have developed a joint vision and set principles of how we will work in partnership. These principles help to shape not only the way in which we will work, but also the outcomes we wish to achieve for our Island residents.

By working cohesively across the system we will deliver initiatives to prevent poor health, support people to be in good health for longer and reduce variations in outcomes. We will also ensure parity of esteem for mental and physical health which is fundamental to unlocking the power and potential of our Island communities. We will tackle stigma and promote a culture where people are treated as individuals where their identity is valued and they are not seen as just a behaviour or illness. We want to shift the focus of care to prevention, early help and resilience in order to deliver a sustainable health and care system. This requires simplified and strengthened leadership with accountability across the whole system.

TRANSFORMATION PLANS FOR CHILDREN & YOUNG PEOPLES MENTAL HEALTH SERVICES

July to October 2017, the Isle of Wight completed a new wave of consultation with children, young people, their families and carers who have relevant lived experience. Engagement events were held to offer access to diverse groups across the Island, including communities and cohorts with heightened vulnerability to developing a mental health problem. Key priorities were identified from this consultation process and co-production sessions have been incorporated into our Transformation Plan for Children and Young People's Mental Health and Wellbeing 2015-2020 (2017 Refresh).

CURRENT PERFORMANCE - COMMUNITY CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (CCAMHS)

A benchmarking exercise of CCAMHS was undertaken. The below table details the indicators assessed and the Island's position in comparison to the national average. Analysis completed based on this data indicates a very active service which is operating well considering the high levels of activity and accepted demand.

Referrals Received	<i>Average increase</i> - Requests for support from the service are increasing in line with the national trend.
Referrals Accepted	<i>Higher than average acceptance</i> – The service is accepting significantly more referrals than most services across the UK.
Re-Referrals	<i>Low</i> – Once young people are seen by the CCAMHS service there are few that are re-referred back into the service.
Waiting Time to First Assessment	<i>Below national average (positive)</i> – The service is performing well in terms of meeting waiting time standards, particularly considering the high level of accepted referrals.

Caseload	<i>Higher than national average – Staff are seeing lots of clients concurrently.</i>
Number of Contacts	<i>Very high – Levels of activity are high with this service.</i>
DNA Rate	<i>Just slightly higher than national average – The reason for this has not been confirmed but it is believed that a factor may be related to Island transportation links.</i>
Service Cancellation Rate	<i>Low (good) – The service operates consistently and rarely cancels appointments to see young people.</i>
Staffing Levels	<i>Higher than national average – The service was well staffed in terms of numbers. N.B.: A reassessment of staffing levels was undertaken in 2017 and the new benchmarking indicated a reduced ratio to average staffing levels.</i>
Workforce Type	<i>Less therapists than national average, more nurses, more psychotherapy than other therapies – A review of the staffing mix could be worthwhile to review level and type of therapeutic options available to meet evidence based guidelines.</i>

NATIONAL DOCUMENTS

Future in Mind - Promoting, protecting and improving our children and young people's mental health and wellbeing, NHS England/DH (April 2015)

- Access and Waiting Time Standard for Children and Young People with an Eating Disorder – Commissioning Guide, NHS England (July 2015)
- Local Transformation Plans for Children and Young People's Mental Health and Wellbeing - Guidance and support for local areas, NHS England (August 2015)
- A Child and Adolescent Mental Health Services Tier 4 Report, NHS England (July 2014)

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APPENDIX

[Appendix 1](#) - Transformation Plan for Children and Young People's Mental Health and Wellbeing 2015-2020 (2017 Refresh)

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