

Mental Health Recovery Pathway Update

Policy and Scrutiny Committee for Health and Social Care

14 September 2020

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Context

- Woodlands is a 10 bedded mental health recovery ward in Wootton provided by the Isle of Wight Trust.
- **At times, beds have been used inappropriately** for acute overspill although the purpose of the ward is to support people on a recovery pathway. This has happened as Woodlands is registered with CQC as an inpatient service.
- At the last CQC inspections (in 2019 and 2019) the **service was rated as Requires Improvement** and highlighted concerns about the acute overspill
- Delivering effective recovery is central to the NHS Long Term Plan for Mental Health and the wider island Health and Care Plan and **a new model is needed to support the national direction and shift away from over reliance on bedded care to community based services to improve the experience for service users.**
- Since we last met, we have worked with current and former Woodlands service users, carers and partners to develop a new model of care

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Proposed New Model

The proposed new model will:

Provide specialist assessment, treatment, interventions and support to help people recover and to regain the skills and confidence to live successfully in the community

Support people to manage their own condition, get a job, make friends and maintain safe and secure housing and achieve their own life goals.

Key elements of the new model :-

- Woodlands is de-registered and converted to 8 beds and 1 flat and the IoW NHS Trust pays for staffing and estate supported by the LA contribution for reablement
- Estate costs paid on a licence basis through eligible benefits / self-funding
- Reablement, Intensive Rehab and Assertive Outreach pathways will be embedded within the recovery service, including Out of Area Placements caseload

Key benefits of the new model :-

- CQC safety risks addressed with appropriate environment and staff training
- Responds to current consultation feedback and meets the aspirations of strategic drivers for change
- Staff skills and delivery of support optimised for improved outcomes
- Increased community approach with more robust in / out reach support
- Service users able to develop their accommodation history
- Increases efficiency and value for money

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Ask of the Committee

- The draft Business Case for the new mental health recovery pathway is close to being signed off, however not all internal governance processes have been completed and the approach is being finalised to mitigate any risks around the changes as part of the implementation plan.
- The project teams are working toward completing this process by 30 September, in order to present at the Briefing Session scheduled with Councillors.

Our ask to the Committee is that the proposals are signed off through Chair's action following the Briefing Session on 30 September. This request is based on :-

- **Assurance requirements** – Policy and Scrutiny Committee approval is essential to commence the process of de-registration, in order to meet NHSE Assurance requirements
- **Time sensitivity** – The next committee meeting is not until 7 December which will impact delivery timeframes significantly
- **MH Transformation critical path** – once agreed, the de-registration implementation process will take approximately 6 months. The aim is to implement the new service model as from April 2021 and subsequent phased changes in reconfiguring acute services and moving to integrated locality community service by 1 September are contingent on this

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