

Mental Health Recovery Pathway

Phase 1 Consultation Proposal

February 2020



Mental Health on the Isle of Wight

Mental Health Transformation Programme

Our blueprint for mental health 2018-2022

“Improving the mental health of our local population is a key priority for our health and care services on the Isle of Wight.

- *We will develop whole life integrated pathways for mental health that start in the community and connect effectively with other specialist services.*
- *We will break down the boundaries between GPs, community and hospital services and third sector partners.*
- *Through a renewed commitment to partnership between the NHS, the Council, the voluntary sector and the public, our focus will be on enabling people to live a full and meaningful life despite mental ill health.*
- *Our mental health services will support recovery to promote, hope, independence, wellbeing and choice”*



Mental Health on the Isle of Wight

National Drivers for Change

NHS Long Term Plan

“New integrated community models for adults with SMI (including care for people with eating disorders, mental health rehabilitation needs and a ‘personality disorder’ diagnosis) spanning both core community provision and also dedicated services, will ensure at least 370,000 adults and older adults per year have greater choice and control over their care and are supported to live well in their communities.

We want to drive a renewed focus on people living in their communities with a range of long-term severe mental illnesses.”



Mental Health Implementation Plan 2019/20 – 2023/24

Mental Health Recovery Pathway

Local Drivers for Changing the way we Provide Rehabilitation Services

Isle of Wight Mental Health Blueprint



“We know that currently the Mental Health Rehabilitation service model is outdated with insufficient focus on recovery.

We also know there is not enough provision of rehabilitation on the island and that some people are being placed on the mainland due to lack of capacity locally.

That's why we are already taking steps to improve things.

Our ambition is to deliver integrated provision that works alongside people to support them more effectively. The services will be aimed at enhancing all elements of their lives, to help them address the issues affecting their mental health and to live as independently as possible.”

Our blueprint for mental health 2018-2022

Mental Health on the Isle of Wight

A Statistical View

The Island is unique across a number of demographic factors :-



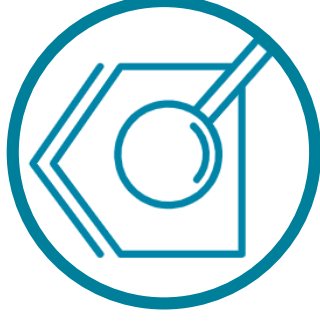
Higher prevalence of depression and anxiety than peers and nationally



Employment levels for the island are in the bottom 18% nationally



Higher than national average number of children in care

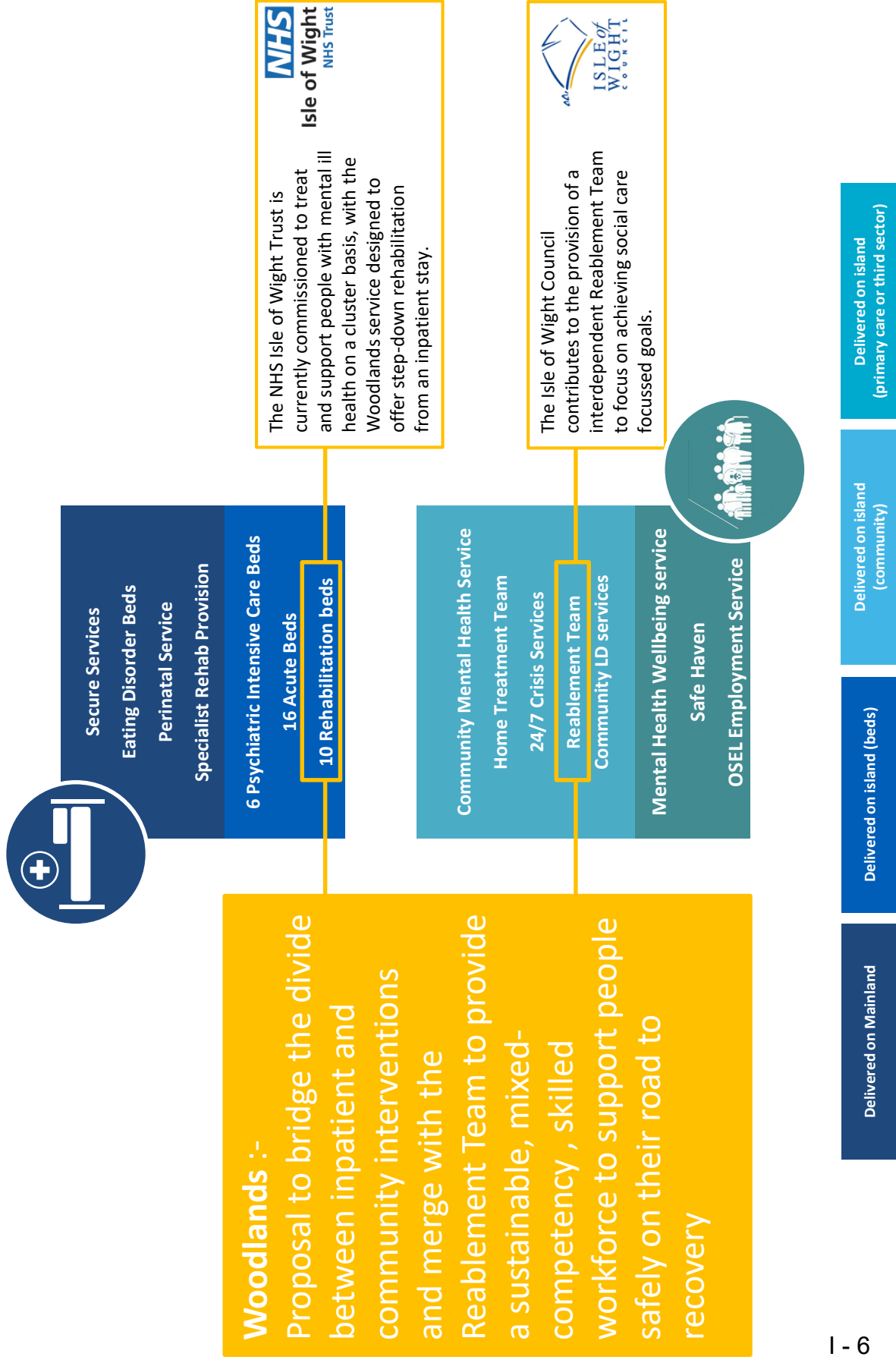


More households in temporary accommodation than in the rest of South East England

KPI	National Mean	National Median	IoW Median	↑ Higher ↔ Average ↓ Lower
Acute Admissions / 100,000 population	226.1	194.4	296	↑
Adult acute admissions - patients of no fixed abode (as a % of all admitted)	2.3%	1.9%	4%	↑
Emergency readmission rates within 28 days	8.8%	8.1%	11%	↑
Community Mental Health Team caseload size per 100,000 population	1,464	1,314	2,170	↑

Mental Health on the Isle of Wight

Current Service Provision for Working Age Adults



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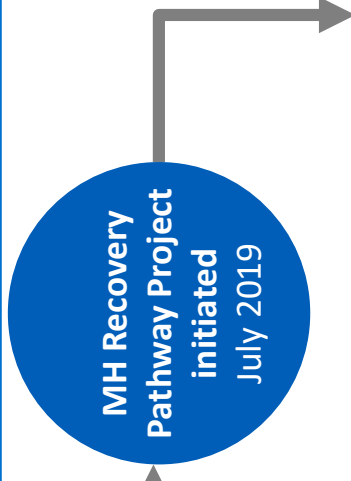
What the Project Will Help to Address



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Transformation Approach and Timescales

Isle of Wight Mental Health Blueprint Consultation undertook wide-ranging engagement to identify areas for transformation, including the rehabilitation service. Feedback from Island residents was gathered to help collate people's experiences and the changes they wished to see.

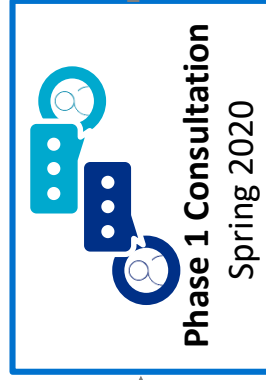


Phase 1: Tiered Accommodation Model

Phase 1 options developed based upon the Mental Health Blueprint consultation with further input from key stakeholders.

The preferred option for the Phase 1 model to address immediate safety and contractual concerns will be to **refocus the use of Woodlands (10 beds) back to intended rehabilitative purpose through deregistration** and renovation to 8 rehab beds and 1 flat. Woodlands staff and the Reablement team would merge (operationally already occurring due to capacity levels) to provide a resilient, community-facing hub and spoke service.

- ✓ Addresses CQC safety concerns
- ✓ Fulfils contractual deadline response requirements
- ✓ Avoids inappropriate and unsafe acute overspill
- ✓ Provides in-reach to acute units
- ✓ Provides assertive outreach in the community
- ✓ Mitigates risks by phased transformation



Finalisation, approval and mobilisation of **Phase 1 by end of Summer 2020**



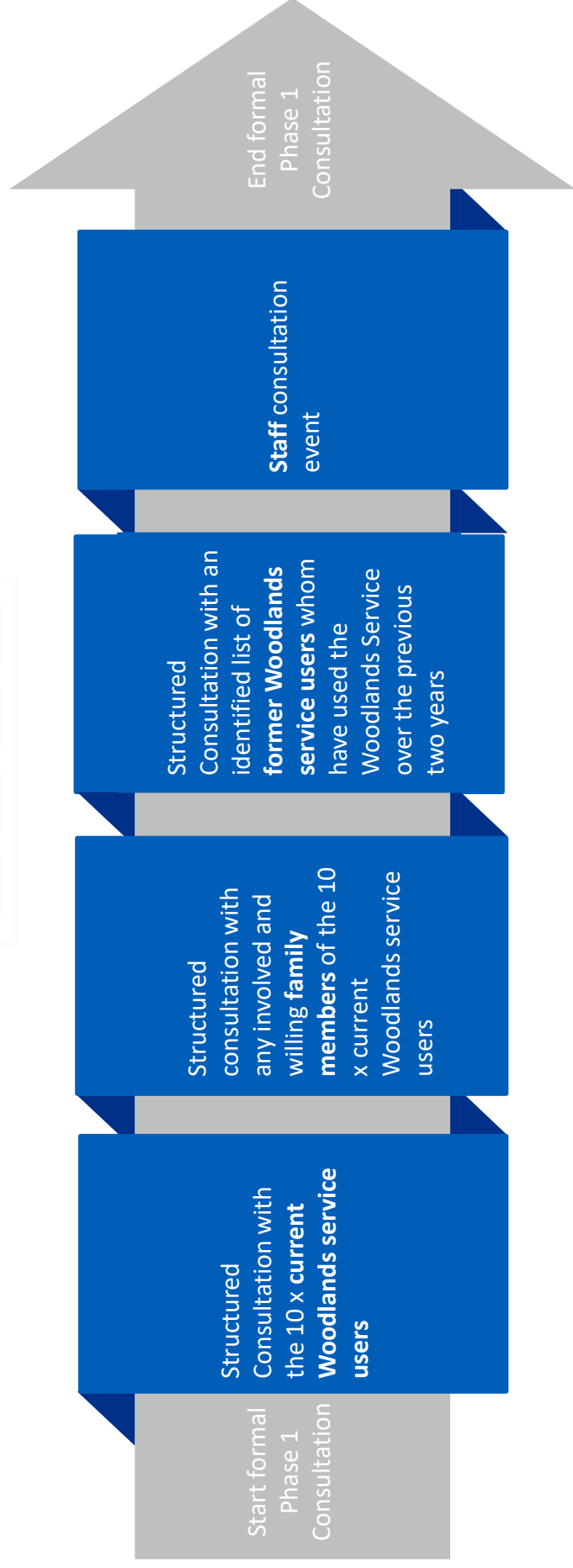
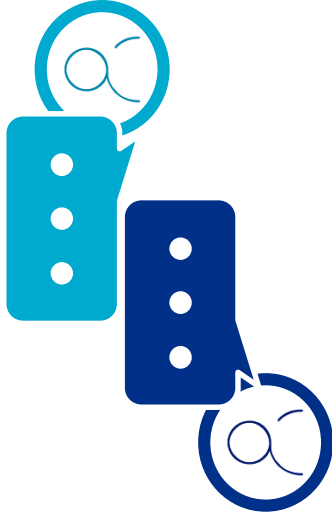
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Phase 1 Consultation Proposal

The purpose of this stage of consultation is to help finalise the details for the Phase 1 interim model. The current consultation plan has been attached (*see embedded document, right*) and a summary of the approach is outlined below:



[Click image for proposed consultation plan](#)



Once the Phase 1 consultation process has been completed, feedback will be incorporated into the interim model development.

Mental Health Recovery Pathway Consultation Plan

Questions for the Councillors

